

Dancing Through Grief Event

Are you grieving the loss of a loved one, break-up, moving away from home? You are not alone!



When: June 15th, 5:30pm- 8:00pm
(Check-in and refreshments at 5:00pm)

Where: Vertigo, Student Union Building,
University of Victoria



Inviting all youth (ages 16-20) who are experiencing loss and grief:

- Join a **community** of youth who are also navigating loss and grief;
- Discover how **dance and music** can be an uplifting, healthy and healing coping strategy;
- Experience a **moving dance performance** by **Olivia Hahn**, local young author of *Healing Our Wounded Hearts: A real life story of loss in a teenage voice*.



**Ashley Gillies,
Co-facilitator**



**Olivia Hahn, LTL Youth Leader,
Dancer, Author**



**Efré Divina, DJ and
Co-facilitator**

REGISTER BY JUNE 13

<https://www.surveymonkey.ca/r/DancingThroughGriefRegister>



University
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Youth & Society



LEARNING
THROUGH LOSS
hope | healing | community